### Hiroshima Prefecture Survey of Children's Lifestyles

## [For parents/guardians]

- This survey is conducted by Hiroshima Prefecture to ask parents/guardians with children in the 5th grade of elementary school or the 2nd grade of junior high school about their living situation and their children. The results of the survey are intended to be used for the implementation of measures for families raising children.
- This questionnaire is to be filled out by parents/guardians of children in the 5th grade of elementary school or the 2nd grade of junior high school.
- This survey is anonymous. You do not need to write your name.
- This survey form will be used only for the purpose of the survey. Your answers will be processed statistically and you will not be identified.
- Please indicate your answer by circling the corresponding number.
- After completing the survey form, please place it in a green or blue envelope and securely seal it with tape to ensure its confidentiality. Then, please hand the sealed envelope to your child.
- Please respond by Monday, July 10, 2023.
- If you have any questions regarding the survey, please contact us:

(Contact information) Hiroshima Prefecture Children's Future Support Division (9:00 - 17:00 except Saturdays, Sundays and national holidays) Phone: 082-513-3171 FAX: 082-502-3674 E-mail: <u>fukodomo@pref.hiroshima.lg.jp</u>

### We appreciate your cooperation!



In this survey, the term "child" refers to a child in the fifth grade of elementary school or the second grade of junior high school who is the subject of the survey. The terms "parent," "mother," and "father" include stepmothers, stepfathers, as well as guardians who are fulfilling the role of mothers or fathers.

**Q1** Please select the relationship that describes your connection to your child, considering it from your child's perspective. (Circle one)

1	Mother	2	Father
3	Grandparent(s)	4	Other

**Q2** What city/town do you currently live in? (Circle one)

1 Hiroshima City	2	Kure City <b>3</b> Takehara City <b>4</b> Mihara City
5 Onomichi City	6	Fukuyama City <b>7</b> Fuchu City <b>8</b> Miyoshi City
9 Shobara City	10	Otake City 11 Higashihiroshima City 12 Hatsukaichi City
13 Akitakata City	14	Etajima City 15 Fuchu Town 16 Kaita Town
17 Kumano Town	18	Saka Town 19 Akiota Town 20 Kitahiroshima Town
21 Osaki-Kamijima	Town	22 Sera Town 23 Jinsekikogen Town
24 Outside of Hirosh	ima Pre	fecture

**Q3** Please indicate the number of family members who live with your child and share the same household expenses. Include any family members who are working independently/ *tanshinfunin* or have children studying away from home in this count. (Circle one option that applies for each of the choices a through h)

a) Grandmother	b) Grandfather	c) Mother	d) Father	h) Total (including you and the subject child)
O None 1 1 person 2 2 people	<ul><li>O None</li><li>1 1 person</li><li>2 2 people</li></ul>	O None 1 1 person	O None 1 1 person	2 2 people 3 3 people
e) Elder sister and brother	The subject child	f) Younger sister and brother	g) Other	<ul><li>4 4 people</li><li>5 5 people</li><li>6 6 people</li></ul>
ONone11 person22 people33 people44 people or more	1 person	ONone11 person22 people33 people44 people or more	ONone11 person22 people33 people44 people or more	<ul> <li>7 7 people</li> <li>8 8 people</li> <li>9 9 people</li> <li>10 people or more</li> </ul>

**Q4** Please provide the current age of your child's parents.

(Please write the age of the mother and father as numbers. If there is no father or mother, or if you do not know their age, write "-")

Mother years old	Father	years old
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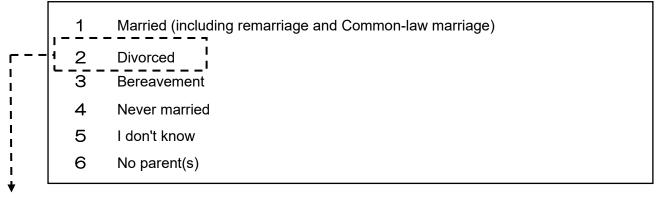
**Q5** Is any member of your child's family currently working independently/ *tanshinfunin*?

(If someone is working independently, please circle all that apply from 1-3)

1	Mother of the child is working independently/ tanshinfunin	2	Father of the child is working independently/ tanshinfunin
3	Other	4	No one is working independently/ tanshinfunin

**Q6** What is the marital status of the parent(s) who live with your child and share the same livelihood?

(Circle one)



Q7 If you selected "2. Divorce" in the previous question, have you made child-support payment/

*yoiku-hi* arrangements with your former spouse, and are you currently receiving child-support payments/ *yoiku-hi*? (Circle one)

- 1 I have an arrangement for child-support payments/ yoiku-hi and I receive them
- 2 I do not have a specific arrangement for child-support payments/ yoiku-hi, but I receive them
- 3 I have an arrangement for child-support payments/ yoiku-hi, but I do not receive them
- 4 I have no arrangements for child-support payments/ yoiku-hi and I do not receive them

**Q8** Which of the following describes the languages (other than Japanese) your family speaks at

home? (Circle one)

- 1 My family uses only Japanese at home
- 2 My family uses language(s) other than Japanese at home, but mostly Japanese
- **3** My family uses language(s) other than Japanese at home most of the time

Q9 Please select the option that applies to the highest level of education completed by your child's parents. (Circle one option that applies for each of the choices a and b)

	a) Mother	b) Father
Junior high school	1	1
Junior high school, High school	2	2
Junior high school, High school, Technical college	3	З
Junior high school, 5-year technical college	4	4
Junior high school, High school, Junior college	5	5
Junior high school, High school (or 5-year technical college), University	6	6
Junior high school, High school (or 5-year technical college), University, Graduate school	7	7
Other	8	8
I don't know	9	9
No parent(s)	10	10

**Q10** Please select the option that applies to the employment status of your child's parents.

(Circle one option that applies for each of the choices a and b)

	a) Mother	b) Father
Full-time employee, regular staff, company executives	1	1
Fixed-term employee, contract employee, temporary staff	2	2
Part-timer/ <i>part,</i> part-timer/ <i>arubaito</i> , day laborer, part-time employee	3	3
Self-employed (including family employees, home-based employees for piecework (job), self-employed and freelance workers)	4	4
Not working (including housewives /househusbands)	5	5
I don't know	6	6
No parent(s)	7	7

I I lf you chose 5 for either a or b, go to Q11.

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- Q11 If you selected "5. Not working" in the previous question, please specify the most significant

reason why your child's parent is currently not working. (Circle one option that applies for each of the choices a and b)

	a) Mother	b) Father
The parent wants to work, but there are no		
job opportunities that meet their desired	1	1
conditions		
The parent prioritizes child care	2	2
The parent is responsible for caring for		
family members	3	3
The parent is unable to work due to an illness or		
disability	4	4
The parent is attending school	5	5
Other reasons	6	6

Q12 Please select the educational and childcare facilities that your child attended for an extended

period of time between the ages of 0-2 years old. (Circle one)

- 1 Licensed nursery school or certified child day care center
- 2 Other educational/childcare facilities
- 3 Individuals other than parents/relatives
- 4 Parents/relatives exclusively providing care
- 5 Other

**Q13** Please select the educational and childcare facilities that your child attended for an extended period of time between the ages of 3-5 years old. (Circle one)

- 1 Kindergarten, licensed nursery school or certified child day care center
- 2 Other educational/childcare facilities
- 3 Individuals other than parents/relatives
- 4 Parents/relatives exclusively providing care
- 5 Other

**Q14** Please indicate the extent to which the following statements apply to your interactions with your child.

	Apply to a great extent	Appy to some extent	Not particularly apply	Not apply
a) I have established rules regarding the duration of television, gaming, and internet usage	1	2	З	4
b) I encourage my child to read books and newspapers	1	2	З	4
<ul> <li>c) I used to read picture books to my child when he/she was young</li> </ul>	1	2	З	4
<ul> <li>d) My child discusses his/her studies and academic progress with me</li> </ul>	1	2	З	4

(Circle one option that applies for each of the choices a through d)

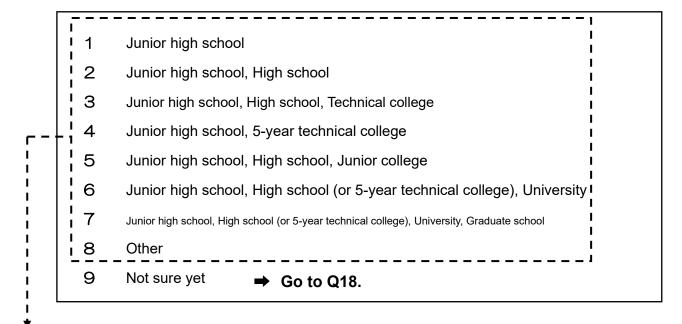
**Q15** How often do you participate in the following activities?

(Circle one option that applies for each of the choices a and b)

	Frequently participate	Occasionally participate	Rarely participate	Not participate at all
a) Participating in school activities such as class visits and athletic meets	1	2	З	4
b) Participating in PTA activities, parent-teacher conferences, and volunteer activities such as after- school study support	1	2	3	4

**Q16** Considering the current situation, what kind of educational institution do you envision your child being enrolled in, in the future?

(Circle one)



Q17 If you selected 1-8 in the previous question, what is the reason?

(For 1 to 5, circle all that apply)

Because of my child's wishes
 Because I believe it is a common career path
 Considering my child's academic abilities
 Considering the financial situation of the family
 Other
 No specific reason

### **Q18** Do you have anyone you can rely on for the following matters?

(For each of a through c, circle one for each of 1 through 3 that apply)

If you chose "1  $\,$  I can rely on ...", circle all applicable items from  $\, (1) \,$  through  $\, (\overline{7}).$ 

		a) Consultation on child rearing		b) Consultation on important matters		c) Financial assistance in case of emergency		
l can i	ely on …	1		1		1		
	Family/ relatives		1		1		1	
	Friends/ acquaintances		Ø		Ø		2	
	Neighbors		3		3		3	
	People at my workplace		4	4		4		
	Commissioner for social welfare/ <i>minsei-iin,</i> commissioner for child welfare/ <i>jido-iin</i>		5		5		6	
	Staff in counseling and support organizations and welfare agencies		6		6		6	
	Other	7			$\bigcirc$		$\bigcirc$	
I have	I have no one to rely on		2		2		2	
I don't	I don't rely on others for this matter		3		3		3	

**Q19** How would you describe your current living situation?(Circle one)

- **1** Financially very stable
- 2 Financially stable
- 3 Ordinary
- 4 Difficult
- 5 Very difficult

# **Q20** Please indicate the approximate annual income (including tax) of your household as a whole. (Circle one)

\*Please answer the following questions regarding your annual income for the year 2022.

\*Income includes the following income of all family members who live together and share the same livelihood.

- · Income from employment (regular income, bonuses, etc.)
- Business income (excluding raw material costs, personnel expenses, and other operational expenses), income from side jobs (excluding material costs, etc.)
- Income from a public pension, benefit, and other social security benefits (welfare assistance/ seikatsuhogo, child allowance/ jido-teate, child-support allowance/ jidofuyo-teate, etc.)
- Income from agriculture, forestry, and fisheries (excluding material costs of agricultural machinery and equipment, business overhead expenses, etc.)
- Asset income (interest on deposits and savings, rental income, etc., except for the proceeds from the sale of assets such as houses and lands, and income from life insurance and non-life insurance)
- Other income (remittances, child-support payments/ *yoiku-hi*, personal pension/ *kojin-nenkin*, congratulatory money, etc.)

1	Less than 500,000 yen	9	4,000,000 yen to less than 4,500,000 yen
2	500,000 yen to less than 1,000,000 yen	10	4,500,000 yen to less than 5,000,000 yen
З	1,000,000 yen to less than 1,500,000 yen	11	5,000,000 yen to less than 6,000,000 yen
4	1,500,000 yen to less than 2,000,000 yen	12	6,000,000 yen to less than 7,000,000 yen
5	2,000,000 yen to less than 2,500,000 yen	13	7,000,000 yen to less than 8,000,000 yen
6	2,500,000 yen to less than 3,000,000 yen	14	8,000,000 yen to less than 9,000,000 yen
7	3,000,000 yen to less than 3,500,000 yen	15	9,000,000 yen to less than 10,000,000 yen
8	3,500,000 yen to less than 4,000,000 yen	16	More than 10,000,000 yen

**Q21** In the past year, has your household experienced any instances where you were unable to purchase necessary food items for your family due to financial constraints? This excludes luxury food items. (Circle one)

1	Often
2	Occasionally
З	Rarely
4	Not at all

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- **Q22** In the past year, has your household experienced any instances where you were unable to purchase necessary clothing for your family due to financial constraints? This excludes luxury items such as high-end clothing, precious metals, and jewelry. (Circle one)
  - 1 Often
  - 2 Occasionally
  - 3 Rarely
  - 4 Not at all
- **Q23** Have any of the following fees gone unpaid for financial reasons in your household in the past year? (For 1 to 3, circle all that apply)
  - 1 Electricity charge
  - 2 Gas charge
  - 3 Water charge
  - 4 None that apply
- **Q24** How have you felt about the following questions a) to f) over the past month?

(Circle one option that applies for each of the choices a through f)

	All of the time	Most of the time	Some of the time	A little of the time	None of the time
a) I felt nervous.	1	2	3	4	5
b) I felt hopeless.	1	2	3	4	5
c) I felt restless or fidgety.	1	2	3	4	5
<ul> <li>d) I felt so depressed that nothing could cheer you up.</li> </ul>	1	2	3	4	5
e) I felt that it was troublesome to do anything.	1	2	3	4	5
f) I felt worthless.	1	2	3	4	5

**Q25** Overall, how satisfied are you with life these days? Please answer with a number from "0" (Not at all satisfied) to "10" (Fully satisfied). (Circle one)

O: No	ot at all sa	atisfied	<	1			$\Rightarrow$	10	: Fully	satisfied
Ο	1	2	3	4	5	6	7	8	9	10

# **Q26** How has your family life changed before the COVID-19 pandemic (before 2019) and during the COVID-19 pandemic (2020-2022)?

(Circle one option that applies for each of the choices a through f)

	Increased	Decreased	Remained the same
a) Change in overall household income	1	2	З
b) Change in necessary living expenses	1	2	З
c) Inability to buy necessary food or clothing due to lack of money	1	2	З
d) Talking to my children	1	2	З
e) Arguments or disputes within my family	1	2	З
f) I feel irritable, anxious, or depressed	1	2	З

## **Q27** How has your family life changed during the COVID-19 pandemic (2020-2022) and currently in your daily life?

(Circle one option that applies for each of the choices a through f)

	Increased	Decreased	Remained the same
a) Change in overall household income	1	2	З
b) Change in necessary living expenses	1	2	З
c) Inability to buy necessary food or clothing due to lack of money	1	2	3
d) Talking to my children	1	2	3
e) Arguments or disputes within my family	1	2	3
f) I feel irritable, anxious, or depressed	1	2	3

### Q28 Has your family ever used any of the following support programs?

(For each of choices a through e, circle one option that applies from 1 through 3)

If you chose "3 Never used it", what is the reason?

(Circle one option that applies for each of the choices (1) through (5))

			seikatsuhogo 💥 🗙	☑ Welfare assistance/	distress <b>※</b> თ	center for individuals in financial	C Support and consultation	jidofuyo-teate	O Child-support allowance/	<b>%</b> 5	support center for single parents	0 Employment and independence	
Currently using it	1	L	1			1		1	1		1		
Used it in the past, but not currently using it	2		2		2		2		2				
Never used it		3 3		3		3		3					
Not eligible for the program (due to not meeting income or other requirements)		1		1			1		1	<b>*</b>		1	to Soc
Can use it, but don't particularly feel the need to		2		2			2		2			2	ff you chose 3, circle o to ⊙ that applies to you
Want to use it, but didn't know about this support program until now		3		3			3		3			3	, circle or es to you.
Want to use it, but don't know the procedures or find it difficult to use		4		4			4		4			4	3, circle one item from (1) olies to you.
Other reason		5		5		-	5		5		-	5	) Om (1)

#### <Reference>

\*1 Schooling allowance: A system that provides assistance for educational expenses, such as school supplies, when it is difficult for a child to attend school due to economic reasons.

- \*2 Welfare assistance/ *seikatsuhogo*: A system that provides certain assistance when individuals face financial difficulties, such as illness or unemployment, and have no other means of support.
- \*3 Support and consultation center for individuals in financial distress: A consultation service for individuals facing various challenges in their lives, such as financial issues, employment, and housing. Dedicated support staff create specific support plans and assist in resolving these challenges.
- \*4 Child-support allowance/*jidofuyo-teate*: An allowance provided to single-parent households with income below a certain level to support their livelihood. (Different from child allowance/*jido-teate*.)
- \* 5 Employment and independence support center for single parents: A support center where single parents can receive counseling for finding a job and training on a job. Consultation is also available regarding child support payments/ *yoiku-hi*, etc.

 $\ensuremath{\textbf{Q29}}$  What are the specific policies concerning children in Hiroshima Prefecture that you believe Hiroshima Prefecture should prioritize and make a special effort to implement? (Please circle the top 3 choices from 1 to 10. If you choose 11, circle only 11.)

i1	Improvement of the education and care of children from age 0 to pre-primary school age
!	(e.g.) High quality education in kindergartens, nursery schools, certified child day care center, etc.
12	Providing students with the knowledge they need to be active in society for the future when they a
1	students in elementary, junior high school, and high school
i	(e.g.) • Consolidation of fundamental academic abilities
1	• Outside of sim <mark>ply studying,</mark> fostering critical thinking, expressive abilities, and communicatio
1	skills, etc.
!3	Improvement of support for families raising children from pregnancy
1	(e.g.) • Providing accessible consultation services for pregnancy and child-rearing matters
!	<ul> <li>Improving medical facilities such as maternity and pediatric care, etc.</li> </ul>
14	Enhancing the availability of safe places outside of home and school for children to spend their time
 	(e.g.) Expanding childcare facilities, after-school clubs, etc.
¦5	Creating a work environment that facilitates balancing parenting and work responsibilities
1	(e.g.) • Promoting parental leave and childcare holidays
1	• Work from home using a computer or other ways of working that make the best use of ti
i	and place
1 16	Ensuring a child- and child-rearing-friendly living environment and maintaining a safe and sec
1	environment
į	(e.g.) • Increasing the number of stores and facilities that are easily accessible for families with childr
1	providing services such as nursing rooms and free services for children
!	Barrier-free facilities in parks and public transportation (smooth movement for children and eacher)
i	of use for all types of people)
 	<ul> <li>Education for children on disaster prevention, crime prevention, and traffic safety, etc.</li> </ul>
!7 '	Prevention of child abuse (physical punishment, verbal abuse, neglect, etc.)
8	Support for children who cannot live with their families
1	(e.g.)  • Acceptance at facilities and support for independence after discharge
i i	<ul> <li>Increasing the number of foster parents (sato-oya)/ Increasing the number of family homes</li> </ul>
1	family home is defined by the Japanese welfare system as a foster home where 5-6 children are raised by foster parents (sato-
¦9	Support for children of single-parent families and single-parent families
i	(e.g.) Support for parental employment (finding jobs), child-rearing, arrangements regarding ch
 	support payments/ yoiku-hi and visitation
10	Support for children with disabilities and their families
i	(e.g.) • providing medical and welfare services tailored to the type and severity of disabilities
1	• Learning support and improvement of the learning environment for independence and so
	participation after graduation

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- **Q30** If you selected 1-10 in the previous question, please write the corresponding reasons. If you don't have a specific reason, there is no need to mention it.

Selected number	Reasons (please specify freely)

This is the end of the questions. Thank you for your cooperation.