



**AIDS**



## What is AIDS?

HIV (human immunodeficiency virus) is the virus that causes AIDS (acquired immune deficiency syndrome). AIDS is the name for illness that cause the body's immune system to be damaged.

## How do people become infected with HIV and how to prevent it

HIV can be transmitted in the following fluids: semen, vaginal fluid, breast milk and blood. HIV enters the body when these fluids of someone who is HIV positive get into the other person's blood.

That means it is also transmitted by: sexual intercourse, syringe sharing, and mother-to-child transmission (pregnancy, childbirth, breast-feeding), etc.

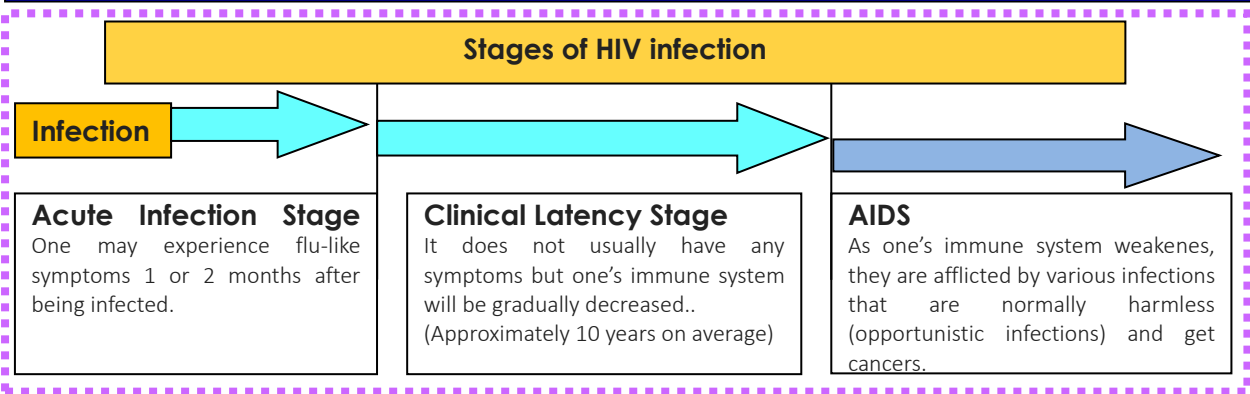
Ⓢ Make sure to use condoms to prevent infection Ⓢ

## The following was not infectious

- Ⓢ Light kisses, handshakes
- Ⓢ sharing toilets
- Ⓢ sharing tableware and chopsticks
- Ⓢ Coughs, sweat, tears
- Ⓢ Bathing, showering

◆ Make sure not to share everyday items that blood can stick to just in case (toothbrushes, razors, piercings, etc.)

## Symptoms of HIV Infection



## Treatment for HIV infection

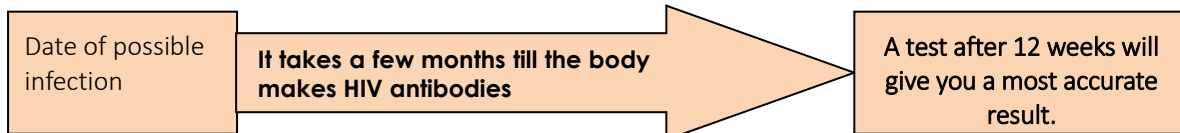
It is not yet possible to completely eliminate HIV from the human body. However, with the advent of new drugs to reduce the amount of HIV, now it is possible to suppress its progression.

## HIV testing

You can get a test at public health centers, clinics and hospitals. Please contact us in advance.

(It is a smooth process if you know someone who can speak Japanese.)

◆ Make sure to get inspected at least 6 to 8 weeks after the date you might have been infected!



## AIDS consultation (Consultation in a foreign language)

SHARE	050-3424-0195	Monday, Wednesday and Friday	10:00~17:00
CHARM	06-6354-5901	Tuesday and Thursday	16:00~20:00

Provide medical institution information by telephone.....

AMDA International Medical Information Center	03-5285-8088	every day	9:00~20:00
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..... **Hiroshima Prefectural Center for Disease Control and Prevention**